Teletherapy Informed Consent

Name _____ Date of Birth _____

1. Unless we explicitly agree otherwise, our teletherapy exchange is confidential. Any personal information you choose to share with me will be held in the strictest confidence. Just as for my face-to- face clients, I will not release your information to anyone without your prior approval, or I am required to do so by law. There are specific and limited exceptions to confidentiality which include the following: A. When there is risk of imminent danger to myself or to another person, the clinician is ethically bound to take necessary steps to prevent such danger. B. When there is suspicion that a child or elder is being sexually or physically abused or is at risk of such abuse, the clinician is legally required to take steps to protect the child, and to inform the proper authorities. C. When a valid court order is issued for medical records, the clinician and the agency are bound by law to comply with such requests.

2. You understand that our Teletherapy occurs in the state of Arizona, (USA), and is governed by the laws of that state. In a manner of speaking, you use modality to visit me in my Arizona office; where we meet to do our work.

3. You understand that our Teletherapy is neither a universal substitute, nor the same as, face-to-face psychotherapy treatment. You accept the distinctions made using Teletherapy vs. faceto-face psychotherapy. In particular, you accept that Teletherapy does not provide emergency services.

4. You are responsible for information security on your computer. If you decide to keep copies of our emails or communication on your computer, it's up to you to keep that information secure. Unfortunately, I cannot guarantee the security of our emails as they travel between our computers. It is possible, though unlikely, to intercept emails in transit. If you are concerned about that possibility, please consider the option to encrypt our emails. Even if someone were to intercept an encrypted e-mail, they would not be able to read the encoded message.

7. Our Teletherapy is a means by which you receive coaching, counseling, information and guidance from a psychotherapist. In our collaboration, you retain the right to determine which topics we cover and the depth of consideration each receives. We offer both video and audio forms of communication via the Internet and/or telephone. This means the practice of health care delivery, diagnosis, consultation, treatment, transfer of medical data, and education using interactive audio, video, or data communications. The risks involved with Telehealth include the potential release of private information due to the complexities and abnormalities involved with the Internet. Viruses, Trojans, and other involuntary intrusions have the ability to grab and release information you may desire to keep private. Furthermore, there is the risk of being overhead by anyone near you if you do not place yourself in a private area and are open to other's intrusion. I understand that while teletherapy, may provide significant benefits, it may also pose risks.

_____ _____

Client/Patient Signature Date

_____ _____

Therapist Signature Date